



## Dealing with symptoms of illness and colds in children and young people in schools

- Information for parents and guardians -

Status:

04.06.2021

Changes compared to the version of 26.04.2021 are marked in **yellow**.

### 1. when does my child have to stay at home in any case?

Sick pupils with acute symptoms of illness such as

- Fever
- Cough
- Shortness of breath, shortness of breath
- Loss of sense of taste and smell
- Sore throat or earache
- (feverish) cold
- Limb pain
- severe abdominal pain
- Vomiting or diarrhoea

is **not allowed** to attend school.

**Attendance at school is not possible until** the pupil is in good general health again (apart from a slight cold and occasional cough).

In any case, a **negative test result** based on a POC antigen **rapid test\*** or a PCR test must be presented **before** school attendance. An antigen self-test is **not sufficient** for this purpose! If no negative test result is submitted, the pupil may only return to school if he/she no longer shows any symptoms of the disease and has not attended school for seven days since the onset of the symptoms.

- The pupil may attend school without submitting the above-mentioned test, provided that only the mild symptoms according to No. 2 are still present and he/she participates in the self-tests at school.

### 2. May my child go to school with mild, new and not progressing cold symptoms (cold/cough without fever)?

In the following cases, school attendance is possible **despite the mild symptoms of the disease even without presenting a negative test result** based on a POC antigen rapid test\* or a PCR test:

- Rhinitis or cough with allergic cause (e.g. hay fever).
- Blocked nasal breathing (without fever)
- Occasional coughing, scratching of the throat or clearing of the throat

In all other cases, school attendance is only permitted **even with mild symptoms of the disease** if a **negative test result** based on a POC antigen rapid test\* or a PCR test is presented. An antigen self-test is **not sufficient for this purpose!**

Pupils who attend school against these guidelines are isolated there and - if possible - picked up by their parents or sent home.

**New:** After recovery from an illness with mild symptoms, school attendance is **also possible without presenting a negative test result based on a POC antigen rapid test\* or a PCR test.**

\*) The performance of such a test is possible e.g. in local test centres, at doctors' offices or at other suitable places.

